



# Activate

FastBraii Supplements, LLC

Nutritional support to improve attention and focus, and increase energy.\*\*

**Ingredients:** Caffeine, Acetyl-L-Carnitine, Pure L-DOPA from mucuna pruriens.

**Mechanism of Action:** A high dose of caffeine to increase energy with a straight dopamine extract in Activate contains an extract of L-DOPA, caffeine, and acetyl-L-carnitine which combine to provide a gentle boost in alertness and energy without jitteriness. Activate is designed for those of us who sometimes have a hard time getting moving in the morning or who need a gentle boost in mental energy.

**L-DOPA.** L-DOPA which is converted in the body dopamine, a neurotransmitter that prompts a positive mental state of action and assertiveness. L-DOPA assists in brain function as well as supporting muscle growth. L-DOPA works well with caffeine to provide a smooth mental boost and clarity.

**Acetyl-L-Carnitine.** Acetyl-L-Carnitine is often used to help improve memory and may also help address symptoms of depression. There is also some evidence that acetyl-L-carnitine can enhance visual memory and attention in people and clinical data indicates that it also may slow age-related mental decline.

**Caffeine.** Caffeine is a safe central nervous system stimulant which can make you more alert and give you a boost of energy.

**Therapeutic uses:** Fatigue, attention and focus, morning alertness, memory, and increased libido.

**Dosage:** 1-2 capsules in the morning, or 1 morning and 1 at noon. Should not take more than 2 a day. Can use to replace prescription stimulants or use in combination to lower stimulant dosage or improve effectiveness, when recommended and under the treatment of your healthcare provider.

**Drug interactions:** Monitor with Parkinson medications and stimulants.

**Adverse reactions:** May cause sleep disturbances if taken too late at night. Appetite loss due to the high dose of caffeine. Should drink plenty of water due to the diuretic effect of caffeine. Should not be used with breast feeding because it can decrease prolactin levels; not recommended when pregnant because of the caffeine content.

**\*\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**